

ESSENTIAL PACKING LIST



IMPORTANT DOCUMENTS

- Passports
(plus copies of your passport)
- Visa
- Tickets
- COVID vaccination cards
- List of prescription medications
- Driver's license
- Health insurance card
- Travel insurance
- Student card
- List of emergency contacts

HEALTH

- Pain reliever
- Antacids
- Antidiarrheals
- First aid kit
- Insect repellent
- Hand sanitizer
- Personal & cleaning wipes
- Vitamins
- Prescription medications
- Sunscreen
- Glasses
- Sunglasses

FINANCIAL

- Foreign currencies
- Emergency cash
- Extra wallet
- A list of customer service numbers
for your banking institutions
(in case your cards are stolen)

TOILETRIES

- Toothbrush
- Toothpaste
- Floss
- Nailcare
- Shaving supplies
- Tissues
- Makeup & makeup remover
- Hair & skincare products

ELECTRONICS

- Cell Phones
- Portable charger power bank
- Additional smart devices
(Kindle, iPad or tablet)
- Travel adapter & converter
- Headphones